

I Had Some Help

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Stephen & Lesley McKenna (SCO) - September 2024

Music: I Had Some Help (feat. Morgan Wallen) - Post Malone



Intro: 32 counts

Sec 1 R heel, together, L heel, together, R toe, touch, R toe, together.

- 1-2 Touch R heel forward, step R next to L
- 3-4 Touch L heel forward, step L next to R
- 5-6 Touch R toe to R side, touch R next to L
- 7-8 Touch R toe to R side, step R next to L

Sec 2 L heel, together, R heel, together, L toe, touch, L toe, touch.

- 1-2 Touch L heel forward, step L next to R
- 3-4 Touch R heel forward, step R next to L
- 5-6 Touch L toe to L side, touch L next to R
- 7-8 Touch L toe to L side, touch L next to R

Restart here during wall 4. Step change- Step L next to R

Sec 3 L grapevine, R grapevine.

- 1-2-3-4 Step L to L side, step R behind L, step L to L side, touch R next to L
- 5-6-7-8 Step R to R side, step L behind R, step R to R side, touch L next to R

Sec 4 Step ¼ L, R hitch, step back R, L hitch, walk L-R-L, touch

- 1-2 Make ¼ L stepping slightly forward L, hitch R knee
- 3-4 Step slightly back R, hitch L knee
- 5-8 Walk forward L, R, L, touch R next to L

RESTART- Restart the dance during wall 4 after 16 counts. Step change – count 16 replace touch L next to R with STEP L NEXT TO R.

Hope you enjoy! ☐

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Last Update - 9 Sept. 2024 - R1